Comparison of $Zn_{1-x}Mn_xTe/ZnTe$ multiple-quantum wells and quantum dots by below-bandgap photomodulated reflectivity

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Abstract

Large-area high density patterns of quantum dots with a diameter of $200\,\mathrm{nm}$ have been prepared from a series of four $\mathrm{Zn_{0.93}Mn_{0.07}Te/ZnTe}$ multiple quantum well structures of different well width (40 Å, 60 Å, 80 Å and 100 Å) by electron beam lithography followed by Ar⁺-ion beam etching. Below-bandgap photomodulated reflectivity spectra of the quantum dot samples and the parent heterostructures were then recorded at 10 K and the spectra were fitted to extract the linewidths and the energy positions of the excitonic transitions in each sample. The fitted results are compared to calculations of the transition energies in which the different strain states in the samples are taken into account. We show that the main effect of the nanofabrication process is a change in the strain state of the quantum dot samples compared to the parent heterostructures. The quantum dot pillars turn out to be freestanding, whereas the heterostructures are in a good approximation strained to the ZnTe lattice constant. The lateral size of the dots is such that extra confinement effects are not expected or observed.

1 Introduction

A subgroup of the dilute magnetic semiconductors (DMS) is formed by alloys consisting of a II-VI host material with $\mathrm{Mn^{2+}}$ ions substituted for some of the group II cations (e.g. $\mathrm{Zn_{1-x}Mn_xTe}$, $\mathrm{Cd_{1-x}Mn_xTe}$ and $\mathrm{Zn_{1-x}Mn_xSe}$). The most prominent feature of these Mn-containing DMS materials is the s,p-d exchange interaction between the S=5/2 d-electrons of the $\mathrm{Mn^{2+}}$ ions and the free charge carriers in the conduction and valence bands, which leads to magnetic splittings at low temperatures of the order of $100\,\mathrm{meV}$ (for a review of these properties see [1, 2]). In recent years, heterostructures such as multiple quantum wells (MQWs) containing DMS materials have been grown very successfully by several groups. Progress has been made in the understanding of the properties of Mn at the heterointerfaces [3, 4]. It is now possible to use this knowledge to make detailed studies, by magnetic field experiments, of aspects of epitaxial growth such as asymmetric interfaces [5] and donor distributions in MQW samples [6],

demonstrating that DMS systems are ideal model systems for the study of semiconductor heterostructures. These II-VI DMS alloys are also of interest since they are closely related to the II-VI wide-bandgap alloys such as $\mathrm{Zn}_{1-x}\mathrm{Cd}_x\mathrm{Se}$ used in blue-green optoelectronic devices.

The free carriers and the excitons in heterostructures are confined in one dimension forming a two-dimensional (2D) quantum system. It is of interest from the viewpoint of fundamental physics, as well as that of applications in device manufacturing, to reduce the dimensionality of quantum systems further, to onedimensional (1D) systems such as quantum wires or even zero-dimensional (0D) systems such as quantum dots (Q-dots). There are several approaches by which one can achieve this, including the direct growth of 1D or 2D systems or the controlled etching of heterostructures. Some examples of direct growth techniques of III-V and II-VI 1D and 0D structures are the growth of microcrystallites [7, 8], growth on patterned substrates [9, 10], cleaved edge overgrowth [11, 12], strain modulation by using sputtered stressors [13, 14] and self-organized growth [15, 16]. The controlled etching techniques are all based on a lithography process to create an etch pattern followed by an etching process. Several techniques for etching II-VI materials have been used: ion beam etching (IBE) [17], wet etching [18, 19], reactive ion etching (RIE) [20, 21] or combinations of the three techniques. Similar techniques have been used for III-V materials (for an overview. see [22]). The smallest Q-dot sizes achieved by etching of II-VI materials are of the order of 30 nm in diameter, which is close to the size at which additional confinement effects are significant [23]. Nevertheless, the study of Q-dots of bigger diameter can yield valuable information about changes in the strain state of the specimen or about the damage caused by the nanofabrication process. Two main techniques are used to study the strain contributions in nanostructures. These are X-ray diffractometry [24-26] and photomodulated reflectivity [27-30] and both reveal that, in most cases, a relaxation towards a freestanding structure takes place in quantum dots and quantum wires. The damage induced by the nanofabrication process has been investigated by time-resolved and continuous wave photoluminescence spectroscopy [31-33] and Raman spectroscopy of phonons [34]. So far, only a few 1D or 0D DMS structures have been prepared, all in the $Cd_{1-x}Mn_xTe/CdTe$ system [28, 35-37].

We report here on a study of the strain states in a series of four $200\,\mathrm{nm}$ diameter $\mathrm{Zn_{1-x}Mn_xTe/ZnTe}$ MQWs quantum dot samples (and their parent heterostructures) using below-bandgap photomodulated reflectivity (BPR). In the BPR technique, the reflectivity of the sample is modulated by laser light whose energy is below the band gap of the semiconductor material; BPR was first reported as a new technique by Bhimnathwala and Borrego [38], although it was already applied before by Rockwell et al. [39]. We have established that BPR spectra contain the same spectroscopic information as conventional photomodulated reflectivity spectra [40]. We have tried to gain some insight into the modulation mechanism of BPR and have shown that it is likely to result from the excitation of deep levels in the semiconductor material [41].

2 Experimental details

The four MQW samples were grown by molecular beam epitaxy (MBE) on (001)-oriented GaSb substrates. Each heterostructure consists of a 1000 Å buffer layer followed by 10 ZnTe quantum wells embedded between $\rm Zn_{0.93}Mn_{0.07}Te$ barriers. The four samples are of different quantum well width 40 Å, 60 Å, 80 Å and 100 Å respectively and the barrier thickness is 150 Å in all cases. Further details of the MBE growth can be found in [40].

The nanofabrication of the quantum dots was carried out in eight steps. First, the specimen was cleaned with acetone in an ultrasonic bath and rinsed with isopropanol. In the second step, it was spin-coated with a two-layer resist consisting of a $140\,\mathrm{nm}$

bottom layer of copolymer P(MMA-MAA) and a 50 nm top layer of 950k PMMA. Afterwards, the electron beam lithography was carried out with a JEOL JBX 5DII system with CeB₆ cathode using an acceleration voltage of $50\,\mathrm{kV}$, a final aperture of $60\,\mu\mathrm{m}$,

a working distance of 14 mm and a beam current of 1 nA. The patterned area covered $3.2\times3.2\,\mathrm{mm^2}$ on the specimen. We exposed $200\times200\,\mathrm{nm^2}$ squares with a nominally homogeneous dose of $220\,\mu\mathrm{C/cm^2}$. These squares were arranged on a square lattice with a lattice constant of $400\,\mathrm{nm}$. The diameter of the beam and the proximity effect result in a circular exposure profile under these conditions. In the fourth step, the exposed sample was developed in a solution of $20\,\mathrm{mL}$ isopropanol and $2\,\mathrm{mL}$ distilled water for $60\,\mathrm{s}$. Afterwards, a $30\,\mathrm{nm}$ Ti film was deposited on the resist mask, and after subsequent lift-off in warm acetone, a pattern of circular Ti dots with a diameter of about $200\,\mathrm{nm}$ to $220\,\mathrm{nm}$ was obtained. This pattern was transferred onto the semiconductor using Ar⁺ IBE under normal incidence with a relatively low accelaration voltage of $200\,\mathrm{V}$ and a current density of $0.16\,\mathrm{mA/cm^2}$. With these parameters, about $20\,\mathrm{mm}$ were requried to etch through the heterostructure to a depth of about $30\,\mathrm{nm}$. In the final, eighth step the Ti etch mask was removed with hydrofluoric acid. After

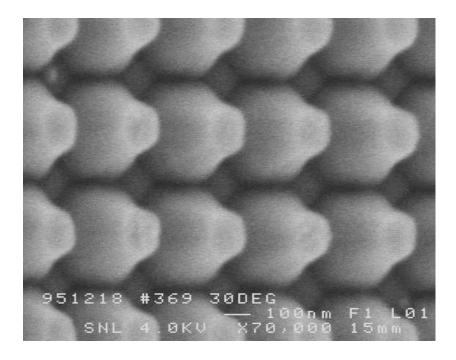


Figure 1: Scanning electron microscope image of the quantum dots prepared from the $\rm Zn_{0.93}Mn_{0.07}Te/ZnTe$ multiple quantum well sample with 80 Å well width. The sample is tilted by 30° and the acceleration voltage is 4 kV.

each process step, the samples were inspected by scanning electron microscopy (SEM).

Figure 1 shows an SEM image of the high density pattern of 200 nm Q-dots prepared on the $\rm Zn_{0.93}Mn_{0.07}Te/ZnTe$ heterostructure with $80\,\rm nm$ quantum well width. The ten quantum wells are situated in the top two-thirds of the dots. The image was taken with the specimen tilted by 30° and the Ti mask has been removed. The inspection with the SEM showed that the size of the dots as well as the period of the dot lattice are both homogeneous throughout the whole $3.2 \times 3.2 \,\mathrm{mm}^2$ area. We have obtained a high density of dots, close to the attempted ratio of the area covered by dots to the etched area of 1:3. There are only a few regions with defects in the dot pattern (not shown in figure 1). These originate mainly from macroscopic defects such as scratches and dust particles already on the sample before the nanofabrication process and were not caused by the process itself. The shape of the individual dots shows an inclination of the side walls, which is typical for IBE etched samples [42]. There are two main reasons for this inclination in IBE: erosion of the metal mask and redeposition of etched materials. A stronger erosion of the edges of the Ti mask compared to the central mask region occurs due to the angle dependence of the Ti etching rate. This sucessive reduction of the metal mask is then transferred into the semiconductor as the etching continues resulting in different etching depths. Because of the low acceleration voltage of the Ar⁺ ions, the sputtered atoms are of low energy and are simply redeposited on opposite surfaces. The inclination observed in our samples is about 25° which is larger than the 10° to 15° observed by other groups in II-VI materials [17, 18], using comparable acceleration voltages in the IBE process. This might be caused by a sensitivity of the IBE process to the symmetry of the dot pattern as observed for other etching processes like RIE [43]. In our relatively dense pattern, the redeposition of the sputtered atoms might be easier and, therefore, the shielding of the Ti mask more effective with increasing etch depth. It is known from other studies [31, 33] that the IBE process introduces a damage layer on the sidewalls of the dots of approximately 30 nm width. It was further shown that the damage layer can be removed successfully by anodic oxidation.

For the optical measurements, the specimen was cooled down to $10\,\mathrm{K}$ within an Oxford Instruments closed cycle He cryostat (CCC1204). The BPR experiments were performed in near-backscattering geometry using the white light of a tungsten lamp as the probe light. The light passing through a pinhole placed in front of the tungsten lamp was focussed to a $2\,\mathrm{mm}$ diameter image of the pinhole on the sample by using a concave mirror in a 2f set-up. The reflected light was collected with a lens and focussed by a second lens onto the slit of a $0.5\,\mathrm{m}$ Spex single spectrometer and detected with an S20 photomultiplier. A shutter in front of the pinhole allowed the probe light to be switched on and off. Chopped modulation light was provided by a $10\,\mathrm{mW}$ HeNe laser of wavelength $633\,\mathrm{nm}$ ($1.96\,\mathrm{eV}$) which is below the excitonic bandgap of the ZnTe ($2.380\,\mathrm{eV}$) at low temperatures. The modulation frequency was typically $280\,\mathrm{Hz}$. The modulation light was focussed onto the same spot on the sample as the white probe light.

The output of the photomultiplier was connected to a two-channel Stanford SR530 Lock-in amplifier and a Keithley 177 Microvolt DMM Voltmeter. The AC and DC components of the output of the photomultiplier were measured by the lock-in amplifier and the voltmeter respectively. The first channel of the lock-in amplifier was used to detect the component of the photomultiplier signal in phase with the modulation laser and the second channel was used to read the 90° out-of-phase component. Both lock-in channels and the voltmeter signal were readable by computer via an IEEE interface. The following measurement cycle allowed a measurement of the relative change in reflectivity dR/R at each spectrometer position. When the shutter was open (so that the modulation laser light and the probe light were on the sample) the voltmeter recorded the reflectivity signal R plus a DC background signal B whilst the two lock-in channels recorded the AC changes of the reflectivity plus background signals, $dR_{\rm in} + dB_{\rm in}$ and $dR_{\rm out} + dB_{\rm out}$, respectively. When the shutter was closed (so that only the modulation laser light was on the sample) the three background signals B, $dB_{\rm in}$ and $dB_{\rm out}$ respectively were recorded. The values for the relative changes of the reflectivity $dR_{\rm in}/R$ and $dR_{\rm out}/R$ as well as the reflectivity signal R were then computed. The time needed to complete one measurement cycle was about 10 s using a time-constant of 1 s for the lock-in and several averages of the instrument readings. The spectra were recorded in the range of $5000\,\text{Å}$ to $5300\,\text{Å}$ in $1\,\text{Å}$ steps, which was the resolution of the spectrometer (corresponding to an

energy resolution of about 0.5 meV).

3 Fit and model calculations

All modulated reflectivity dR/R lineshapes are based on the following expression

$$\frac{dR}{R} = \alpha \, d\varepsilon_1 + \beta \, d\varepsilon_2,\tag{1}$$

where α and β are the Seraphin coefficients and $d\varepsilon_1$ and $d\varepsilon_2$ are the changes in the real and imaginary parts of the complex dielectric function ε [44]. The complex dielectric function in the vicinity of an excitonic or electronic transition is given by the sum of a background contribution, ε_b , (which is assumed to be independent of the perturbation) and the contribution of the transition itself, ε_t , which changes in response to an external perturbation (in our case, the electric field of the modulation laser):

$$\varepsilon = \varepsilon_{\rm b} + \varepsilon_{\rm t}$$

$$d\varepsilon = d\varepsilon_{\rm 1} = i \, d\varepsilon_{\rm 2} \approx d\varepsilon_{\rm t1} + i \, d\varepsilon_{\rm t2} = d\varepsilon_{\rm t}.$$

$$(2)$$

All lineshapes used in the fitting of dR/R spectra are based on functional forms $\varepsilon_{\rm t}(E_{\rm g},I,\Gamma)$ where $E_{\rm g}$, I and Γ are the energy position, the intensity and the linewidth of the transition. So far, no functional forms appropriate for PR lineshapes have been proposed for transitions in 0D or 1D systems. However, the quantum dots which we have prepared are still of sizes where additional confinement effects are negligible [23],

which justifies the use of the same lineshapes in the fits of the spectra for the quantum dot and the MQW samples. The choice of the lineshapes is described in great detail elsewhere [40] and is briefly summarized in the following. The change $d\varepsilon_{\rm t}$ for allowed excitonic transitions in the quantum well can be described by the first derivative of a complex Lorentzian lineshape with respect to transition energy $E_{\rm g}$

$$d\varepsilon_{\rm t} \propto I \, \frac{E - E_{\rm g} - i\Gamma}{E - E_{\rm g} + i\Gamma},$$
 (3)

where E is the photon energy. To fit the signals of bulk-like barrier and buffer transitions we have used a third-derivative-like change of the dielectric function

$$d\varepsilon_{\rm t} \propto \frac{I}{(E - E_{\rm g} - i\Gamma)^{5/2}},$$
 (4)

which was proposed to hold for a single critical point of a direct bandgap with a three-dimensional parabolic density of states [45]. The dR/R lineshape of each

oscillator is then given by equation (1) and has the four fit parameters α , β , Γ and $E_{\rm g}$. The dR/R spectrum is fitted by a sum of single-oscillator lineshapes (one for each transition) using a least-square procedure.

We have carried out calculations of the optical transition energies similar to the ones described earlier [40]. The confining potentials for light holes, heavy holes and electrons were calculated taking strain effects into account. The strain shifts in the conduction band and the heavy-hole and light-hole valence bands were determined for each layer using the expressions derived by Bir and Pikus [46]:

$$\Delta E_{\rm el} = 2a_{\rm c} \frac{C_{11} - C_{12}}{C_{11}} \varepsilon_{\rm par},$$

$$\Delta E_{\rm lh} = 2a_{\rm v} \left(\frac{C_{11} - C_{12}}{C_{11}} - b \frac{C_{11} + 2C_{12}}{C_{11}} \right) \varepsilon_{\rm par},$$

$$\Delta E_{\rm hh} = 2a_{\rm v} \left(\frac{C_{11} - C_{12}}{C_{11}} + b \frac{C_{11} + 2C_{12}}{C_{11}} \right) \varepsilon_{\rm par},$$
(5)

where $\varepsilon_{\mathrm{par}} = \frac{a_{\mathrm{par}} - a_0}{a_0}$ is the in-plane strain in each layer, a_{par} and a_0 are the actual and the equilibrium lattice constants respectively of the layer at the measurement temperature and C_{11} and C_{12} are the elastic stiffness constants. The energies of the single particle states in the resulting two valence band potentials and the conduction band potential were then determined by a one-dimensional transfer matrix technique. The contribution of the exciton binding energy was determined

separately. Here, we have calculated the exciton binding energies using a model based on a variational approach which takes the single particle wavefunctions of the electron and the hole into account [47, 48] rather than the analytical model used in our earlier work (the model of Mathieu et al. [49]). The major reason for the change to the variational method was that the model used previously is only applicable to the lowest excitonic quantum well transitions whereas the new model can be applied also to excited states if the wavefunctions of the single-particle states are known. The exciton binding energies for the e1hh1 and the e1lh1 transition derived with the two models do differ: using the variational approach, we obtain binding energies of the heavy-hole exciton of about 20 meV and of the light hole exciton of about 17 meV compared to values of about 15 meV for both exciton binding energies using the simple model. It will be seen below that this uncertainty in the exciton

binding energy does not affect the interpretation of the experimental results. The parameters in the calculation are those given earlier [40] with some

exceptions. We use a chemical valence band offset (VBO) of 30%, which was determined via magnetic field experiments [50] on other pieces of the same set of MQW samples and by assuming the ratio of the absolute deformation potentials a_c : $(-a_v)$ to be 90:10, as calculated previously [51]. This combination of parameters describes the net band alignment in our MQW samples accurately, but it should be pointed out that there are other combinations of VBO and a_c : a_v ratio which lead to the same net band alignment: in other words, the

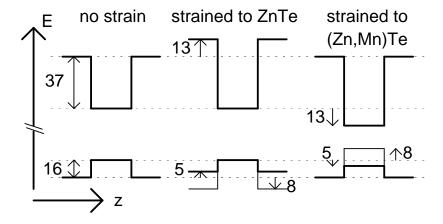


Figure 2: Possible band alignments for a quantum well in the heterostructure. Left: isolated layers; centre: sample strained to the ZnTe lattice constant; right: sample strained to the Zn_{0.93}Mn_{0.07}Te barrier lattice constant. The numbers indicate the potential depth for the isolated layers (assuming a VBO of 30%) and the strain shifts for the two strain situations assuming a ratio of a_c :($-a_v$) of 90:10 (see text). The arrows indicate the direction of the strain shifts.

VBO cannot be determined uniquely until a_c : a_v is measured. To account for the bowing of the excitonic bandgap of $\mathrm{Zn}_{1-x}\mathrm{Mn}_x\mathrm{Te}$ as a function of Mn content, x, at low temperature we use $E_{\mathrm{g}}=2.3805\,\mathrm{eV}$ for the unstrained excitonic bandgap of ZnTe at 2 K [52] and the following linear approximation for the excitonic bandgap dependence [53]: $E_{\mathrm{g}}(x)=2.376\,\mathrm{eV}+0.820\,\mathrm{eV}\,x$ for 0< x<0.6. There are several other reported measurements of the excitonic bandgap of $\mathrm{Zn}_{1-x}\mathrm{Mn}_x\mathrm{Te}$ as a function of composition [54-56] which all differ from each other and the dependence given in [53]. We choose the result given above since it is consistent with our measured energy of the barrier heavy-hole transition in the MQW samples with x=7% on the assumption that the MQWs are strained to the ZnTe lattice constant.

For the following discussion it is important to consider two strain situations: that in which the heterostructure is strained to the ZnTe lattice constant and that where the heterostructure is strained to the $\rm Zn_{0.93}Mn_{0.07}Te$ barrier lattice constant. Figure 2 shows the resulting band alignments for a single quantum well for these two strain situations (centre and right) and the situation for isolated layers (for example without strain effects; left). The numbers indicate the strain shifts in meV (centre and right) and the band offsets in meV (left) using the parameters given above. Several aspects are noteworthy here. Firstly, the strain shifts modify the potential profiles for the two strain situations compared with the isolated layer case: the electron potential and the light-hole potential become deeper by 13 meV and 8 meV respectively and the heavy-hole potential becomes shallower by 5 meV. However, the resulting potential profiles for the

two strain situations are the same and the potentials are only arranged differently on the absolute energy scale, as depicted in figure 2. This is the case because, to a first approximation, the deformation potentials and elastic constants have been assumed to be the same for ZnTe and Zn_{0.93}Mn_{0.07}Te and the in-plane strain ε_{par} only changes sign, that is, it is negative (compressive strain) in the Zn_{0.93}Mn_{0.07}Te barriers when the sample is strained to the ZnTe lattice constant and it is positive (tensile strain) in the ZnTe wells when the sample is strained to the Zn_{0.93}Mn_{0.07}Te barriers. Secondly, in terms of excitonic transitions, it turns out that the light-hole transitions are more sensitive to the strain effects than the heavy hole transitions, because the strain shifts in the strained layer for the light-hole band and the electron band are in opposite directions on the abolute energy scale whereas the heavy-hole band shifts in the same direction as the electron band. Because the potential profiles are the same in the two strain situations, we can assume that the exciton binding energies of the quantum well transitions are also the same. Using this assumption, the differences between the excitonic transitions in the two strain situations are fully determined by the relative shifts of the potentials on the absolute energy scale, giving shifts of 21 meV for light-hole transitions and 8 meV for the heavy-hole transitions. Furthermore, we expect the heavy-hole transition (e1hh1) to be the lowest transition when the heterostructure is strained to the ZnTe lattice constant and the light-hole transition (e1lh1) to be the lowest transition when the heterostructure is strained to the $Zn_{0.93}Mn_{0.07}Te$ lattice constant.

4 Results

The BPR spectra of the Zn_{0.93}Mn_{0.07}Te/ZnTe MQW with quantum well width 100 Å and the 200 nm diameter Q-dot sample based on it are shown in figure 3. The Q-dot spectrum is shifted vertically by 0.04 units for clarity. We use only the in-phase components of dR/R to represent the spectra (in all figures) because the 90° out-of-phase components are featureless. This is to be expected since, firstly, the sample is thin compared to the wavelength of the probe light and, secondly, the modulation period is very long compared with the time-scales of the relaxation processes in the samples. Both BPR spectra in figure 3 have the same signal to noise ratio and order of magnitude, which makes it easy to compare them. This is not the case for the unmodulated reflectivity spectra, which for the Q-dots are a factor of ten weaker (and show a different non-excitonic background) than for the MQWs due to the diffraction of the probe light by the Q-dot pattern. Therefore, BPR is a better tool than reflectivity for the study of the nanofabricated samples. In the figure the open circles are the measured values and the full curves are the fits to the spectra. The arrows above and below the spectra mark the fitted energy positions of the transitions in the Q-dot spectrum and the MQW spectrum respectively; the fitted positions of the ZnTe buffer signal are not indicated. The spectrum of the MQW sample was fitted with seven oscillators. We used third-derivative lineshapes (equation (4)) for the ZnTe buffer transition and the light-hole and heavy-hole barrier transitions

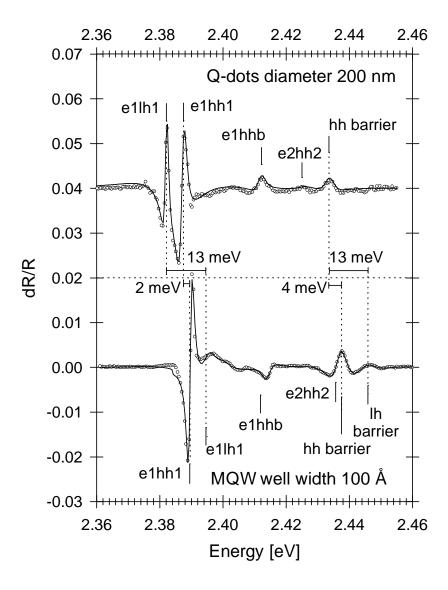


Figure 3: Comparison of the below-bandgap photomodulated reflectivity spectra of the 200 nm diameter quantum dot sample and the parent $\rm Zn_{0.93}Mn_{0.07}Te/ZnTe$ multiple quantum well sample with 100 Å well width. The spectra were taken at 10 K using a HeNe laser (1.96 eV) as the modulation source. The arrows mark the fitted energy positions of the main excitonic transitions. The dotted lines and the solid horizontal bars indicate the energy shifts of the e1hh1 and e1lh1 quantum well excitons and of the barrier transitions as obtained from the fit results.

denoted as hh barrier and lh barrier respectively. First derivatives with respect to energy position of a complex Lorentzian lineshape (equation (3)) were used for the four quantum well related transitions. Three of these can be assigned easily:

these are the lowest quantum well heavy-hole (e1hh1) and light-hole (e1lh1) excitons and the second allowed heavy-hole excitonic transition (e2hh2). In assigning the fourth quantum well related transition, the magnetic field splitting in the Faraday geometry of the σ^+ and the σ^- components of the signal provides useful evidence. This splitting is comparable to the splitting of the heavy-hole barrier exciton, indicating that the signal corresponds to a heavy-hole related transition which may either be a forbidden transition involving the first electron state and a high-index heavy-hole state of the quantum well (probably e1hh3) or an indirect transition between a quantum well electron state and the heavy-hole barrier state. Our preliminary conclusion is that the signal corresponds to the spatially-indirect well-to-barrier transition (e1hhb) since a signal of this type has been observed in a Cd_{0.97}Mn_{0.03}Te/CdTe MQW sample of similar structure and similar confinement situation by low-temperature photoluminescence excitation experiments [57]. The spectrum of the Q-dot sample was fitted with six oscillators, again using first-derivative lineshapes for the four quantum well related transitions, but now only two third-derivative lineshapes representing only one barrier signal (hh barrier) apart from the ZnTe buffer signal. We do not observe any additional features in the BPR of the Q-dot sample that could be related to additional lateral confinement effects in the dots, confirming that the dot diameter is still in the regime where the Coulomb effects dominate over lateral confinement effects. It is possible to observe lateral confinement effects by photomodulated reflectivity experiments in smaller Q-dots, such as modulation-doped $GaAs/Ga_{1-x}Al_xAs$ Q-dots of 60 nm diameter at 77 K [58] and $Cd_{1-x}Mn_xTe/CdTe$ Q-dots of 30-40 nm even at 300 K [35].

The differences between our spectra can be related to different strain states of the Q-dots and the MQW. The dotted lines in figure 3 correspond to the energies of the lowest quantum well transitions (e1hh1 and e1lh1) and to the barrier transitions (e1hh barrier and e1lh barrier). The solid horizontal bars on the horizontal dotted line indicate the shifts of these transitions before and after the nanofabrication process. We find that these shifts are qualitatively in agreement with our simple considerations of the strain shifts for light-hole and heavy-hole excitonic transitions between the two strain situations of the sample strained to the ZnTe buffer for the MQW and the sample strained to the Zn0.93 Mn0.07 Te barrier for the Q-dot sample. The above discussion of the strain state of the samples predicts a strain shift of the light-hole transitions of 21 meV. In the

analysis of the spectra, we find a shift of $13\,\mathrm{meV}$ for the light-hole transitions, whilst for the heavy-hole transitions we predict a shift of $8\,\mathrm{meV}$ and observe shifts of $2\,\mathrm{meV}$ and $4\,\mathrm{meV}$. Similar behaviour is observed in the other specimens and can be explained fully on the assumption of two well-defined strain states for the two series of samples, as we now show.

Figures 4 and 5 display the measured and fitted spectra of the series of MQW

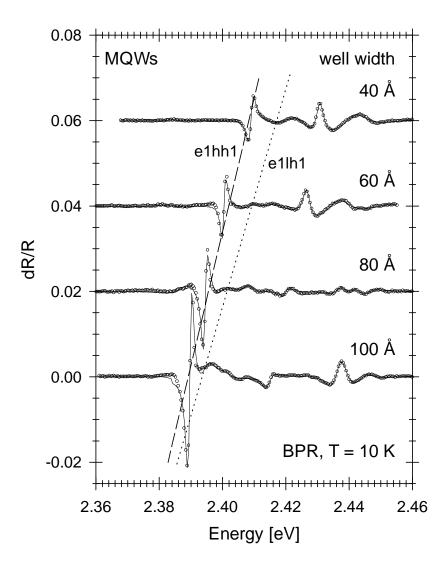


Figure 4: Below-bandgap photomodulated reflectivity spectra of the series of four $\rm Zn_{0.93}Mn_{0.07}Te/ZnTe$ multiple quantum well samples of different well width. The spectra were taken at 10 K with a HeNe laser as the modulation source. The quantum well width for each sample is indicated on the right of the figure. The dotted and the broken lines indicate the trend in the splitting between the lowest-energy quantum well transitions e1lh1 and e1hh1 respectively as a function of well width.

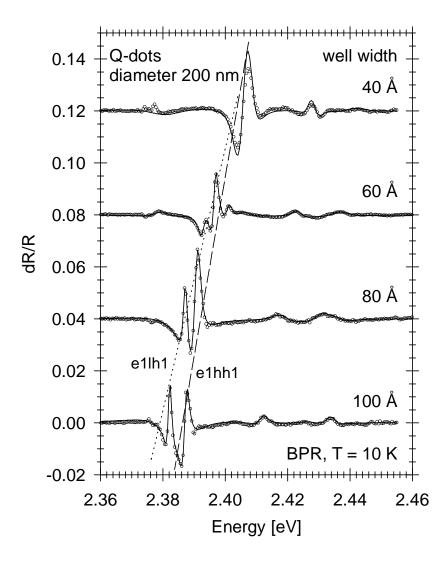


Figure 5: Below-bandgap photomodulated reflectivity spectra of the series of four quantum dot samples with dot diameters of $200\,\mathrm{nm}$ prepared from $\mathrm{Zn_{0.93}Mn_{0.07}Te/ZnTe}$ multiple quantum well samples of different quantum well width. The spectra were taken at $10\,\mathrm{K}$ with a HeNe laser as the modulation source. The well width of the parent multiple quantum well is indicated on the right of the figure. The dotted and broken lines indicate the trend in the splitting between the lowest-energy quantum well transitions e1lh1 and the e1hh1 respectively as a function of well width.

samples and of the series of Q-dot samples. The spectra are shifted vertically for clarity and are arranged in order of increasing quantum well width from top to bottom. Again, the open circles are the measured values and the full curves are the fits. In each figure, a dotted line and a broken line indicate the change of the energy position of the ellh1 transition and the elhh1 transition respectively. The fits of the spectra of the MQW and the Q-dots with quantum well width of 80 Å were the same as described for the corresponding samples of 100 Å quantum well width, that is, seven oscillators for the MQW spectrum and six for the Q-dot spectrum. In the fits of the four spectra of the 40 Å and the 60 Å MQW and Q-dot samples we have not included an oscillator for a e2hh2 transition, thus leaving just six and five oscillators respectively to describe the experimental spectra. In figure 5, the spectrum of the Q-dot sample with 60 Å quantum well width shows two additional features which are situated at the energy positions of the e1hh1 and the e1lh1 transition of the corresponding MOW sample (these features are difficult to discern on the scale of figure 5). These suggest that we have not etched through the whole heterostructure and that the lowest quantum well is still intact. To account for this in the fitting, we have included two more oscillators, fixed at the energy positions already determined for the e1lh1 and e1hh1 transitions of the MQW sample. We now focus on the behaviour of the lowest energy excitonic transitions in the quantum wells, i.e., e1hh1 and e1lh1 and relate this behaviour to the strain state of the sample. For the MQW samples we expect from the potential situation shown in the centre of figure 2 that the e1hh1 transition is lower than the e1lh1 transition and that, with increasing well width, the splitting between the two transitions decreases because the excitons become less sensitive to the strain-splitting of the barrier (the changes in the quantum confinement with well width are less significant than the strain effects in this system). This behaviour can be clearly seen in the spectra in figure 4 as indicated by the convergence of the broken and dotted line.

From the potential situation for the Q-dots depicted on the right of figure 2, we conclude that, in the Q-dots, the e1lh1 and the e1hh1 transition will behave in the opposite way to that described for the MQWs. This agrees well with the behaviour displayed in figure 5: the e1lh1 transition is lowest in energy in the wells of the Q-dots and the splitting between the e1hh1 and e1lh1 transitions increases as the quantum well width increases, that is, as the lowest quantum well transitions become increasingly like those in a strained ZnTe layer. Another interesting aspect is that in the spectra of the Q-dots, we observe an enhancement of the intensity of the e1lh1 transition compared to the e1hh1 transition, which is quite significant for the Q-dot samples of well width $80\,\text{Å}$ and $100\,\text{Å}$ where the intensity ratio ranges from 1:3 to 1:1. A similar effect was observed in $\text{GaAs/Ga}_{0.7}\text{Al}_{0.3}\text{As}$ quantum dots with diameters of 500 nm, 400 nm and 230 nm and was explained by matrix element effects [27] as follows. The intensity of a transition is, in a first approximation, proportional to the square of the electric dipole matrix element:

$$I \propto \left| \left\langle c \left| p \right| v \right\rangle \right|^2,\tag{6}$$

where $|c\rangle$ and $|v\rangle$ are the conduction and valence band states respectively and p is the electric dipole operator. Making use of the degeneracy in m_z in the absence of a magnetic field, the following expressions for the conduction band state and the heavy-hole and light-hole valence band states in the $|J, m_z\rangle$ representation hold [59]:

$$|c\rangle = \left|\frac{1}{2}, \pm \frac{1}{2}\right\rangle = i |s\rangle$$

$$|\nu_{\rm hh}\rangle = \left|\frac{3}{2}, \pm \frac{3}{2}\right\rangle = \frac{1}{\sqrt{2}}|X + iY\rangle$$

$$|\nu_{\rm lh}\rangle = \left|\frac{3}{2}, \pm \frac{1}{2}\right\rangle = \frac{1}{\sqrt{6}}|X - iY\rangle - \sqrt{\frac{2}{3}}|Z\rangle .$$

$$(7)$$

For an epitaxially grown heterostructure, the probe light is normally incident parallel to the growth direction z, thus the dipole operator only has components in the xy plane, leading to an intensity ratio of 1:3 between the lowest-energy light-hole and heavy-hole transitions. In the case of quantum dots, the probe light can penetrate into the sample via the sidewalls, thus having a component of the dipole moment in the z-direction which, from equation (7), increases the intensity of the light-hole transition. (Note that in figure 7 the intensity ratio appears to decrease with the well width and the two transitions approach each other, indicating that matrix element effects can only explain qualitatively the behaviour of the intensity ratio; however, the present experimental evidence is insufficient to draw firm conclusions.)

To verify the proposed model for the strain states of the samples quantitatively, we have carried out calculations of the energies of the observed transitions in each case. Comparisons of the transition energies obtained from the fitting of the spectra with the results of the calculations are shown in figures 6 and 7. The full curves in figure 6 are calculated assuming a potential profile where the sample is strained to the ZnTe lattice constant (figure 2, centre). The two horizontal lines indicate the hh barrier and lh barrier transitions. The other lines follow the calculated quantum well width dependences for the e2hh2, e1hh1 and ellh1 transitions and for the ellhb transition. The dependence on quantum well width of the e2hh2 transition was only calculated for wells wider than 85 Å, for which the second electron state is confined and our transfer matrix method is applicable. The calculated transition energies of the e1hhb do not include a binding energy contribution. This contribution should only lead to a reduction of the calculated value by a few meV because it is a spatially-indirect transition. The error bars on the experimental values are the fitted linewidths of the transitions (along the energy axis) and a 5 Å error bar on the well width axis representing a possible two-monolayer deviation from the nominal quantum well width. The agreement between the calculated values and the fitted values for the MQWs is very good especially for the two barrier transitions and the two lowest quantum well transitions, for which the deviations are within the experimental error bars. The agreement is not as good for the e2hh2 transition and the e1hhb transition, but the calculations show the same trend as the data. Figure

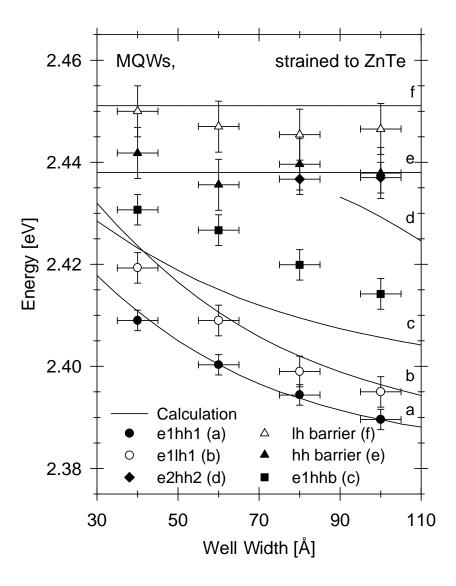


Figure 6: Comparison of the calculations (full curves labelled a to f) for the case in which the heterostructure is strained to the ZnTe lattice constant with the experimental results (symbols) obtained for the excitonic transition energies in the four $\rm Zn_{0.93}Mn_{0.07}Te/ZnTe$ multiple quantum well samples. The horizontal error bars result from the assumption of an uncertainty of 5 Å (2 monolayers) in the quantum well width and the vertical bars represent the fitted linewidth of each transition.

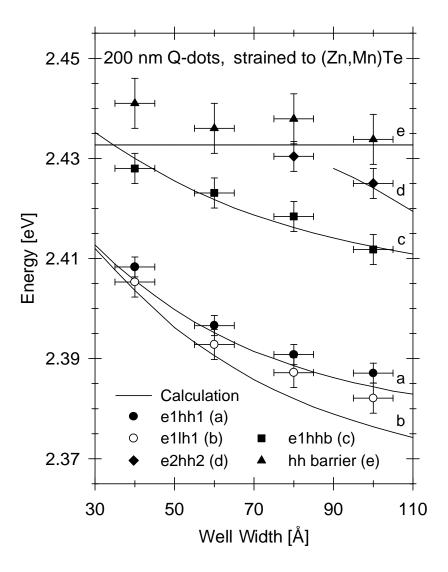


Figure 7: Comparison of the calculations (full curves labelled a to e) for the case in which the heterostructure is strained to the $\rm Zn_{0.93}Mn_{0.07}Te$ lattice constant with the experimental results (symbols) obtained for the excitonic transition energies in the four 200 nm diameter quantum dot samples each based on a $\rm Zn_{0.93}Mn_{0.07}Te/ZnTe$ multiple quantum well sample with a different well width. The horizontal error bars result from the assumption of an uncertainty of 5 Å (2 monolayers) in the quantum well width and the vertical bars represent the fitted linewidth of each transition.

7 shows the results for the Q-dot samples; on this figure, the error bars were determined in the same way as for Figure 6. We do not observe an increased linewidth for the excitonic transitions in the Q-dots, thus there is no indication from the BPR data for an inhomogeneous strain distribution in the Q-dot pillars. Again, we obtain good agreement between theory and experiment. There are two trends as a function of quantum well width which need to be considered. Firstly, the experimental values for the barrier transition are slightly higher than the calculated values for the three wider quantum wells whereas in the case of the MQWs we obtained very good agreement for the three samples. Secondly, the deviation of the experimental results from the calculated dependence increases with increasing quantum well width for the e1hh1 and especially for the ellh1 transition. The experimental data lie above the calculated energies and the e1lh1-e1hh1 splitting is less than calculated. These trends can be understood assuming that the Q-dots are more or less freestanding, thus the actual lattice constant in the structure approaches an intermediate value of the ZnTe lattice constant and Zn_{0.93}Mn_{0.07}Te lattice constant weighted by the overall thickness of the corresponding layers in the dot pillar:

$$a_{\text{par}} = \frac{t_{\text{ZnTe}} a_{\text{ZnTe}} + t_{\text{ZnMnTe}} a_{\text{ZnMnTe}}}{t_{\text{ZnTe}} + t_{\text{ZnMnTe}}} = a_{\text{ZnMnTe}} - c \Delta a, \tag{8}$$

where $t_{\rm ZnTe}$ and $t_{\rm ZnMnTe}$ are the overall thicknesses of the respective materials, $a_{\rm ZnTe}$ and $a_{\rm ZnMnTe}$ are the equilibrium lattice constants of the ZnTe well material and the $\rm Zn_{0.93}Mn_{0.07}Te$ barrier material at the measurement temperature and $\Delta a = a_{\rm ZnMnTe} - a_{\rm ZnTe}$ and $c = t_{\rm ZnTe}/(t_{\rm ZnTe} + t_{\rm ZnMnTe})$. Because the depth of etching into the ZnTe buffer is uncertain, the exact height of the dots is not known and it is difficult to estimate the overall thicknesses t in the Q-dot pillars. We therefore replace the thicknesses t in equation (8) by the thicknesses of an individual well and barrier, ignoring the role of the buffer layer. Since it is likely that we have not etched deep into the ZnTe buffer layer (as is indicated by the additional features corresponding to signals from an unetched well in the case of the Q-dot sample with 60 Å well width), this is justified. We thus obtain $c_{40} = 0.2$ and $c_{100} = 0.4$; a small value of c indicates that a_{par} approaches $a_{\rm ZnMnTe}$, so that this calculation confirms those Q-dot samples with narrow quantum wells are described well by the potential situation assumed in the calculation of the transition energies. For the Q-dot samples with wider wells the potential situation will be of an intermediate type between the two strain states described in figure 2. Again, it should be noted that the actual profiles of the electron and the light-hole and heavy-hole potentials do not change, but are only shifted on an absolute energy scale, varying between the two limits given by the potential situations depicted in the centre and on the right side of figure 2.

We can summarize the experimental results in the following way: the MQW samples are to a good approximation strained to the ZnTe lattice constant whereas the pillars in the Q-dot samples are more or less freestanding, which can be understood by considering the structure of our samples. Similar results have been obtained for nanostructures prepared from other material systems. For

example, a strain relaxation has been observed by photomodulated reflectivity in quantum wires with wire widths between 15 nm and 500 nm etched by RIE on a p^+ -Si/Si_{0.8}Ge_{0.2} heterostructure [30] or by x-ray diffraction in quantum dots etched from Si_{1-x}Ge_x epilayers with x=0.038 and x=0.053 on a Si-substrate where the pillars were etched through the epilayer into the Si-buffer layer [25]. In the III-V materials, quantum dots of diameter between 230 nm and 500 nm were prepared by RIE from a GaAs/Ga_{0.7}Al_{0.3}As superlattice on a GaAs-substrate an increasing strain relaxation with decreasing dot diameter was observed [27] by photomodulated reflectivity. Finally, in a quantum wire sample with wire width of 145 nm prepared from a InAs/GaAs superlattice on a GaAs substrate, the superlattice structure in the individual wires turned out to be partially relaxed [24].

5 Conclusions

We have prepared large-area high-density patterns of quantum dots with a diameter of 200 nm from a series of four Zn_{0.93}Mn_{0.07}Te/ZnTe multiple quantum well structures of different well widths (40 Å, 60 Å, 80 Å and 100 Å) by electron beam lithography followed by ion beam etching with Ar⁺ ions. Examination under a scanning electron microscope reveals that the patterns are very homogeneous and have a ratio of dot area to etched area of 1:3. The individual dot pillars have inclined sidewalls with an inclination angle of about 25°. We have performed below-bandgap photomodulated reflectivity experiments on the series of quantum dot samples and, for comparison, on the series of parent heterostructures. An analysis of the spectra gives the following results. Firstly, we do not see additional confinement effects due to the reduction of the dimensionality from two dimensions to zero dimensions. Secondly, we observe an increasing oscillator strength for the light-hole exciton in the quantum dots. A possible explanation is that the probe light can penetrate into the sidewalls of the quantum dot pillars and can thus induce an electric dipole moment parallel to the growth direction of the heterostructure. This results in an increased matrix element for the light-hole exciton whereas the matrix element of the heavy-hole exciton is not changed. Thirdly, the main changes in the excitonic energies as a consequence of the nanofabrication process are due to a strain relaxation in the quantum dots. We have compared the energy positions of the excitonic transitions obtained by fitting the lineshapes of the experimental spectra with the results of model calculations based on a one-dimensional transfer matrix method followed by an excitonic binding energy calculation. These calculations confirm that the quantum dots are freestanding whereas the original heterostructures are to a good approximation strained to the ZnTe buffer.

Our analysis also shows that below-bandgap photomodulated reflectivity, like conventional photomodulated reflectivity, is a powerful tool to study the effects of nanostructure fabrication on semiconductor structures. In this context, it should be noted that modifications due to the fabrication process can already be observed for structural dimensions larger than those for which ad-

ditional confinement effects occur. It is therefore of great importance to study nanostructures in this intermediate size regime because a fundamental understanding of the smaller structures will only be attained if a separation of the macroscopic effects (strain relaxation, damage) and the additional confinement effects is possible.

In the future, the effects of the nanostructure fabrication on these samples will be investigated via magneto-optic experiments which make use of the unique magnetic properties of dilute magnetic semiconductors. The changes induced by the strain relaxation in the quantum dots offer interesting possibilities in this context. For example, the photoluminescence of the quantum dot samples has light-hole character in the absence of a magnetic field whereas the photoluminescence of the heterostructures has heavy-hole character. By applying a magnetic field, the character of the photoluminescence in the quantum dots can be changed from light-hole to heavy-hole due to fact that the magnetic field splitting of the heavy holes is greater than that of the light holes.

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